

Associates

UNIVERSITAT POLITÈCNICA DE CATALUNYA (BARCELONA TECH)
Germanes Hospitalàries (HOSPITAL SANT RAFAEL)
Blanquerna (Facultat de Psicologia, Ciències de l'Educació i de l'Esport)
SPORT LIVE
SIRSA (Servicios Industriales Reunidos S.A.U.)
CORAL (Serveis integrats des de 1979)
Sàpid
GRUP CHM (LABORIS CENTRE D'INNOVACIÓ MENTAL, salut mental)
PSICOACTIVA
Germanes Hospitalàries (HOSPITAL SABAT CÀS)
amalgama7
Grup Sant Pere Claver (Entitats amb compromís social)
AIJUNTAMENT DE SANT BOI DE LLOBREGAT
Germanes Hospitalàries (SERVISI MENSA CÀS)
bionexo
cdiap (centre de desenvolupament infantil i atenció precoç de sant boi)
Cep (Centre d'Entrenament Psicoesportiu Eficàcia Benestar)
CITA.io
CLICK DOCTORS
CITA (CENTRO DE INVESTIGACIÓN Y TRATAMIENTO DE ADICCIONES)
comtec
Consell Comarcal
CIP|B (Serveis Salut Mental)
SMCsalutmental Catalunya (Federació)
ferrer
althaia
cuina justa (Fundació Casa Justa)
Fundació Marianao
Fundació Orienta (rol mental d'infant i adolescent)
ÀMPANS
HUB^c
Sant Pau
iguals som
Institució Balmes
INSTITUT PERE MATA
Lundbeck
ORYZON
Otsuka
Parc Científic de Barcelona
Sant Joan de Déu
psiquiatria.com
Sellarès assessors
E3 LLEURE I GENT GRAN
Starlab[®]
Braingaze (mind tracking technology)
UAB
IAS Institut d'Assistència Sanitària
janssen
nutre salut
TIC Salut Social (Tecnologia, innovació transformació digital)
UVIC

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Cluster Management Excellence
ACCIO Generalitat de Catalunya
AIJUNTAMENT DE SANT BOI DE LLOBREGAT



A hub for innovation and business development in integrated mental healthcare and brain research



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FIND US



Mental Health Cluster is an original Catalan regional cluster and hub for innovation and business development in healthcare, homecare, and social services. We are a membership organization with members from private industry, public organizations, research and education institutions, mental health providers, hospitals, community services and technological centers.

Mental Health Cluster has a broad knowledge of the mental & neuro health market through our members and operates as a national entry point for international companies who want to enter the national market.

We strive to promote business opportunities and collaboration between members and business partners from the private industry, public organizations, and research and education institutions.

Challenges are achieved through projects' execution, strengthening synergies among members by sharing their market intelligence.

MISSION

Our mission is to promote the generation of resources applied to the development of neurosciences and mental health through the improvement of companies and professionals' competitiveness, innovation, interdisciplinary collaboration and internationalization.

We act as a platform that promotes the development of research and knowledge transfer to offer the best bio-psycho-social support to people who suffer from central nervous system diseases, as well as their families.



TRENDS

Mental Health & Neuroscience integrate the opportunities offered by the growing healthcare market:

1. **M-Health** as a viable way of maintaining health benefits.
2. Change of paradigm into **4P's medicine**: Preventive, Predictive, Personalized & Participatory.
3. **The fifth P**: Health Open data.



DIGITAL HEALTH SERVICES

- Online diagnosis, treatments.
- Predictive/Preventive medicine.
- Storage, transmission, and interoperability.

WELLBEING

- Mental health at the workplace.
- Recovery and empowerment.
- Mood Food.
- Sport - new apps.
- Alternative therapies - Yoga, meditation and mindfulness.

PRIVATE MEDICAL SERVICES

- Emerging and growing companies in the field of eating disorders, drug abuse and behavioral diseases.

OTHERS

- Functional imaging (CNS).
- Reduction of hospitalization.
- Outpatient and community service improvement.
- New pharma development.



CONTEXT

The World Health Organization (WHO) defines mental health as: "a state of complete physical, mental and social well-being, and not just the absence of disease or illnesses." This represents a wide range of related activities ranging from the promotion of well-being, prevention of mental disorders, diagnosis, treatment and people rehabilitation.

Mental Health has been declared a priority of the European Union, as reflected in the European Declaration of Mental Health (Helsinki Declaration, 2005), where member states recognized mental health as a fundamental aspect to enjoy of a good quality of life. In Europe, mental disorders represent the most

frequent cause of morbidity and it is estimated that 1 out of 4 people suffer from mental illness throughout their lives. In fact, 22% of health spending in Europe is devoted to these processes and in the next decade, mental disorders will be the most frequent cause of disability. Its impact on the population is higher to that osteoarticular or

cardiovascular illnesses. These figures will probably increase in the future due to the increase in risk factors and diagnoses' improvement.

THE CLUSTER

The Mental Health Cluster is a private-public initiative constituted is a non-profit organization. The core of Mental Health

Cluster comprises innovative companies, public institutions, hospitals, research centers...

The coherence between the members allows the cluster to convey new ideas and insights into demands and requirements pertaining to clinicians, patients, hospitals, and municipalities.

Mental Health Cluster is

supported by The Catalan Agency for Competitiveness and Innovation under the Catalan Government.

From 2015 onwards Mental Health Cluster was being awarded the Bronze Label of the European Cluster Excellence Initiative (ECEI).